

**February March** Volume 47, Issue 2

## THE 50TH ANNIVERSARY YEAR FOR OUR SAVIOUR'S LUTHERAN CHURCH - 1965-2015

#### **Mission Statement**

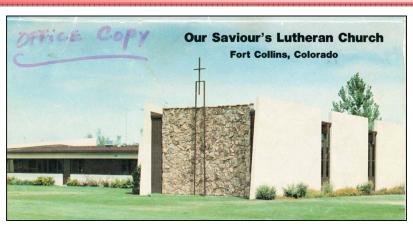
"Our Saviour's Lutheran Church welcomes all to the love of Christ through Worshipping, Learning, and Serving."

#### Welcome Statement

We are a Christian community committed to ministry in Fort Collins and the world. We rejoice in the manner in which diversity has enriched, nurtured and challenged our lives and the ministry we share in Christ, and we invite all to participate in Word and Sacrament without discrimination due to race, creed, sexual orientation, or financial status

#### Inside this issue:

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## 1983 Directory Cover

and envision Our Sav- joining the 50th Anni- tee. Suzie's article is on iour's Lutheran Church versary Committee. going forward. It will be

During this year we will an exciting year and the Suzie Smith contributed be printing some histori- 50th Anniversary Com- our first article which cal facts in the Signal, mittee welcomes anyone gives us an idea of how sharing monthly some who wants to participate this tiny little church memories from the past, in the creation of events called "Our Saviour's Luand creating a variety of to join us. Please call the theran Church" began. opportunities to cele- office 484-3133 or Col- We urge you to share brate the past. We will leen Waido 223-2065 if any special memories of also look to the future you are interested in OSLC with our commit-

page 6.

## Special points of interest:

- Our Saviour's is Established, page 6
- FFH, page 10
- Movie night & small groups for Lent, page 12
- Women's Retreat, page 13

Do you have a memory or facts about OSLC that you would like to share with us? Submit them to our 50th Celebration committee. Contact Colleen Waido at (970) 223-2065.

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## LETTERS FROM THE PASTORS

### THOUGHTS FROM PASTOR MICHAEL

Our Saviour's Lutheran is a church ready for whatever is ahead of us. The reality is we don't know what we will all be facing tomorrow, but this year has shown that the make-up of this church is of one that deals with the present with eyes wide open. We have a strong Grace-based approach and a strong sense of mission. The strength of this congregation has been a gift to many, and I can certainly put my name on the list.

The past year has been a difficult one for me personally. As I enter into 2015 I am wrapping up the sale of my home as I transition to different housing as Carrie and I go through a divorce. I have done my best not to make my personal issues affect my work, or the ministry of the church, but I am aware that the possibility of that is difficult and so I begin my annual report by acknowledging this reality. I want to thank the congregation for its support of our family in this difficult time, and especially thank Pastor Leta as a partner in ministry. This difficult personal struggle affected her more directly than anyone other than Carrie and I, and her professionalism and work ethic was a gift. Indeed without her and the amazing office staff we have I don't know if I would have made it through this year.

We underwent a broad visioning program for our building with many of you involved that led us to create an architectural design that would allow us to enhance our ministries. We welcomed Diana Linden-Johnson as our first pastoral intern. Pastor Jerry Herships of After Hours Denver inspired our congregation. We began a jointconfirmation program that has brought our local churches together, and offered more choices (in activities and schedule) to our middle school youth.

Pastor Leta and I have rethought how we do ministry together and have determined that we work well as partners in ministry and have been working to transition to a co-pastorate relationship as opposed to a senior-associate relationship. Council has blessed this transition and we continue to work through the implications for day-to-day ministry. We continue to try to determine how we can best complete our staffing in order to best fulfill the ministry needs for our community.

I have been reminded quite a bit this year that it is God's Spirit that flows through this place. It is God's Spirit that takes less-than -perfect people and brings hope for others. It is God's spirit that allows us to come together at all. It will be God's spirit that leads us in the coming year as well.

I thank you for your partnership in ministry at Our Saviour's Lutheran Church.

Pastor Michael Stadtmueller michael@our-saviours.org

## OUR NEW CHURCH COUNCIL

President: Colleen Waido,
Vice President: Tom Hromatka,
Secretary: Renee Perschau
Treasurer: Bonnie Bowne

Other members:: Sara Halac, Marjorie Halvorson, Jim Gjerde, Dave Wisbon, Ken Roper Jerry Freier,

Conrad Selig, Brad Runyon, Pastor Leta, Pastor Michael

## LETTERS FROM THE PASTORS

## THOUGHTS FROM PASTOR LETA

I wrote an article last January about picking a word for the year as a word that would help frame and quide one's focus for daily living in the spirit. The word chose 1 was "wholehearted" and while I have lived that word personally this year, I believe that our community has also shown strength of character, commitment, and dedication to not only living with our whole hearts but also extending that grace and love to others.

Our children and youth have shown depth of commitment and understanding of God's love in through teaching us stories of faith at the Easter vigil, making 2000 lunches for Homeless Gear over the course of year, raising funds (totaling more than \$1000 from their offering) for the eradication of Ebola, camp scholarships, the food bank, offering clean up services on our property, and leading us in many ways in worship, service, and learning with their whole hearts.

Our congregation has connected without fear and with joy and grace with the other ELCA congregations in Fort Collins to form FoCoLu—a joint confirma-

tion and youth ministry so that our youth have more opportunities to learn, serve, and connect with our community. Faith Family Hospitality, Outside Our Walls, the council, and many others have opened their doors, wallets, calendars, and hearts to serving those most in need in our community and our world. We have deepened connections and created new ones that have shown us a call and commitment to live faithfully together making a difference in the lives of those around us.

Additionally, as we engage a vision for facilities planning this team and the congregation were very focused on mission and outreach. It is clear that this is a place that will only build, add on, and spend dollars that have a purpose for communicating Christ's love as we share what we have a continue to be a place that is central to serving outside of ourselves.

And in a year where staff changes and transitions occurred and we have embraced a new venture in welcoming an intern and her family, this congregation has opened their hearts to walking

together through the changes that life brings and being able to see one another with eyes of mercy and grace. This is truly wholehearted living.

I am grateful and blessed to be a part of this congregation as your pastor. I have seen God's light shine in you this year and I know that Our Saviour's is a place not only of wholeheartedness but one that will be shining this light into the next year and beyond. The words of Paul ring true, "Now there are varieties of gifts, but the same Spirit; and there are varieties of services. but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. 1 Corinthians 12:4-6." As we come together in our uniqueness, sharing our individual gifts, we become a stronger community that can be a blessing in this world.

May you know the grace, love, and mercy of our God as we walk this journey together.

+Pastor Leta Behrens leta@our-saviours.org PAGE 4 THE SIGNAL

## LETTERS FROM THE PASTORS

### THOUGHTS FROM INTERN PASTOR DIANA

One of the things I love about life seasons of Christmas and Lent might respond. I also look forlife that seems to be constantly ney we can barely imagine. moving forward, I am ever grateful for liturgical reminders that our life is also cyclical. Each and every Even with this quick transition, I vent turns to Christmas turns to Epiphany turns to Lent turns to nary Time. Each of these seasons offers a special gift. Advent is our time of waiting in darkness for the light to return. Christmas is a celebration of the incarnate God, cross. In years such as this one, year, the transition between the

in the Lutheran church is the way seems jarring. We've just celebrat- ward to Chocolate for Lent, a the liturgical calendar grounds us ed the birth a beautiful child and small group discussion series in the seasons of the church. In a already he is grown and on a jour-based on the wonderful movie

year Ordinary Time turns to Ad- look forward to celebrating the seasons of Lent and Easter here at Our Saviour's. I look forward to Easter turns, once again, to Ordi- helping plan and lead Ash Wednesday services, Wednesday evening services during Lent, and finally, the celebration of Easter. I look forward to helping lead a Lenten Adult Forum series (see come in the form of an innocent below) with Don Imsland on Diand fragile newborn. Epiphany ana Butler Bass' book Christianity celebrates Jesus as gift for the After Religion. Don and I both Grace and Peace, whole world. And in Lent we hope this series will be an oppormark Jesus' journey toward the tunity to look as some of the Diana changes happening in the church Diana@our-saviours.org when Easter comes early in the and world today and think about how we as a church community

Chocolat starring Juliette Binoche, Judi Dench and Johnny Depp.(see p. 10) I believe this will be a creative and fun opportunity for us to grow deeper in our relationships with one another while enjoying good conversation, a wonderful movie, and (hopefully) chocolate! I hope many of you will choose to participate in these exciting opportunities for worship and conversation, as they will made significantly richer by your presence!

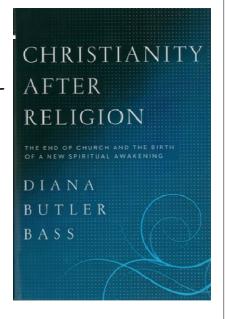
## **Lenten Adult Forum Series**

**Christianity After Religion:** 

The End of Church and the Birth of a New Spiritual Awakening Sundays 9:45-10:45 a.m. in 12E

- Copies of Christianity After Religion by Diana Butler Bass are available for sale between services in the Fellowship Hall.
- Coffee and rolls will be available in 12E during the series.

February 15	The End of the Beginning (Chapter 1)
February 22	Questioning the Old Gods (Chapter 2)
March 1	When Religion Fails (Chapter 3)
March 8	Believing, Behaving, Belonging (Chapters 4-6)
March 15	The Great Reversal (Chapter 7)
March 22	The Fourth Great Awakening (Chapters 8-9)



## SPIRITUAL GROWTH AND DEVELOPMENT

## PRESSURE





## STRESS A SPIRITUAL RESOLUTION

Much is currently being written At the outset we need to be clear Let God" is a masterpiece. Make it about the potentially damaging that a certain amount of stress is your mantra. power of stress in our lives and essential for our survival. It protects ways to deal with it. It has become us from danger. Similar to many a highly touted issue in the arenas other human conditions it is basiof medicine, psychology, business, cally positive. It becomes a probfitness, addiction and spirituality. lem only when it becomes exces-Stress has established significant sive and disproportionate to the beachheads in most dimensions of existing pressure. It becomes deour society. We are all familiar with structive when it overcompensates. its pervasive power, having experi- Unfortunately, that is too often the enced its effects first hand. Dam- case. age control has moved to front and center.

insidious threat to our overall well may not be able to control the outbeing it is helpful to come to grips side pressure, the stimulus, we can with it in a firm positive move. An control our response to it. Damage enlightened spiritual response can control is our personal responsibilbe most therapeutic.

As a way of getting a handle on the issue let us begin by ascribing specific meanings to two terms. First is the term pressure. Pressure, as we However, most often overlooked as that our car broke down; we lost miraculous. our job; our credit cards are maxed out: we have too much to do and not enough time to do it.

All of these examples are pressures from the outside world.

we are feeling.

Now the crux of the problem. The intensity of our response to pres-Because stress can be such an sure is our responsibility. While we ity. Exercise, deep breathing, yoga, meditation and diet have all been used to control our stress. All are helpful.

use it here is what we feel pushing an available control mechanism for against us from the outside world. stress is God-Power. A spiritual It may come from our work, our response to pressures that we feel family, our relationships, our finan-coming from many directions is cial situation, our health or count- without question the most powerful less other life situations. It may be resource we have. It is no less than

While it is important for us to do all we can to change the things that create pressure, we must realize there are situations we cannot change, but must confront. Many of The second word to which we will the conditions create pressure that ascribe meaning is stress. Stress exceeds our ability to cope. It is as we will use the term here is our therefore critical for our well being personal response to this outside that we engage the God-Power at pressure. Stress is the way we our disposal. We have ready acgear up to deal with the pressure cess to unlimited power that can be utilized in dealing with taxing life situations. The slogan: "Let Go and

Our daily practice should include being in close touch with God. When that is in place, then accessing God's endless power for our daily living becomes a natural resource for stress management. Amazingly, it lifts and shifts the load which God picks up. An absolute miracle.

Daily prayer for morning and throughout the day: (Memorize and use.) "Empower me, Holy One, to resolve the pressures that are al-

ready present or will come my way today by giving them to you."

Pastor Fred Castor. Spiritual Guide



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Our Saviour's is currently being called by the Holy Spirit to become a Spiritual Oasis for its members. the Church at Large, the community and the world. Listen in lituray, hymns and sermons for empowering and transforming messages. Encourage our leaders on this unique mission. Watch transformation to occur in unexpected places and people.

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## WELCOMING ALL THROUGH WORSHIP

## REMEMBERING THE PAST, LOOKING TO THE FUTURE

## OUR SAVIOUR"S IS ESTABLISHED:

(Facts contributed by Suzie Smith)

An Advisory Committee was selected the last week of December 1964.

The first meeting of the committee was held on January 3, 1965 for preliminary consideration of a name. Pastor L.H. Steinhoff pointed out the importance of a "significant" name.

On January 9, 1965 the committee and Pastor Steinhoff submitted some fifty names. These fifty names were then reduced to nine. The names reflected differing elements of the church...

The nine names were as follows:

- Our Lord, Our Saviour's and Redeemer. related to Jesus.
- **Epiphany** reflected the church year.
- Saint James and Saint Michael. Reflected saints' names.
- **Bethany** and **Mount Carmel** reflected biblical locations.
- Faith and Nativity were also considered

On January 10 an "interest group" meeting selected three of out of the nine names.

On February 7, 1965 after two previous announcements the tiny congregational voted on a name. The following was a tally of votes:

Our Saviour's -13 votes

- Faith 11 votes
- Redeemer- 6 votes
- (A few write in votes were also tabulated.)

After the choice was made Pastor Steinhoff said, "Our Saviour's has rich significance in that it identifies the congregation intimately with the center of its life, namely Jesus Christ who is the Saviour of all men who believe in Christianity".

#### **INTERESTING FACT:**

When the Parkwood neighborhood was just being developed Pastor Steinhoff was given the opportunity to name the street off of Lemay, but it had to end with "wood". Pastor Steinhoff selected Kirkwood as Kirk is the meaning for church in Scotland.

## WORSHIP SCHEDULE FOR FEBRUARY & MARCH, 2015

February 1, 2015 Sunday, ELW 4 Bells & Choirs

#### February 7-8

Saturday, Holden Sunday, Celebration *Praise Band* 

### February 14-15

Saturday, Holden Sunday, Now the Feast-Brass *Youth & Chancel Choirs* 

#### February 21-22

Saturday, Joyous Light Sunday-With One Voice *Windstrings* 

#### February 28-March 1

Saturday, Holden Sunday, ELW 4 Bells & Choirs

### March 7-8

Saturday, Holden Sunday, Celebration *Praise Band* 

#### March 14-15

Holden Now the Feast with Brass *Choirs* 

#### March 21-22

Saturday, Joyous Light Sunday, With One Voice *Windstrings* 

### March 28-29 Saturday, Holden Sunday, Palm Sunday Celebration Band

Ash Wednesday, February 18th

Services at noon & 7pm

Wednesday services at 7pm through March 25

Palm Sunday, March 29th Easter, April 5th

Palm Sunday Event, March 29th, 9:45-10:45am

## WELCOMING ALL THROUGH LEARNING

### PRESCHOOL NEWS

December was a busy month for school. We had game day and puppy for all to see. Thanks Ellie. the Preschool. We decked our the best day ever Jammie Day The last week of the month we halls, went on a Field Trip to Ft. and a movie. I just prayed a lot worked on our counting Collins Nursery, made gifts for our that I wouldn't get pulled over for skills. We found mystery numfamilies, found out Germany's cel- anything in the morning...I don't bers, filled our age in with Cheeriebration of shoes filled with can- think the Police Officer would os and best of all we counted dy was a pretty exciting way to share in my excitement of Jammie how many different colors of start the season and most- Day. ly we celebrated the wonderment. The second week we actually had that on a sheet and then we ate of the birth of Christ. Of course a winter weather week. we had our amazing Bake sale made button snowmen, painted a and Craft Fair. We raised around snowflake, and of course painted Registration for the 2015/2016 \$5000.00. As always your sup- with the next best thing to paint.. school year begins Feb. 1st for port of our ministry is amazing to cool whip, ok so lots of kids ate it current students and Feb. 8th for us. The money we earn goes into instead of painted with it. a scholarship fund and helps us Our third week we learned all ested in Preschool please contact ment. Thank you to everyone trip to Petco, made a fish tank and me. who supported us in any way. January we eased back into mommy brought in their Mastiff

a kitty puppet. Collin and Caden's

M&M's there are in a bag, logged We them. What a great Math project!

the community. If you are interbroken equip-about pets. We went on a field us at 484-7412 or talk to Nancy or

## NEW IN THE LIBRARY

### Lovingkindness: The Revolutionary Art of Happiness

by Sharon Salzberg Reviewed for Amazon.com by Ben Kallen

Sharon Salzberg, a meditation teacher and the founder of the Insight Meditation Society in Massachusetts, focuses on a kind of Buddhist practice that emphasizes feelings of love, happiness, and compassion. Metta, or "lovingkindness," meditation involves four phrases: "May I be free from danger"; "May I have mental happiness"; "May I have physical happiness"; "May I have ease of wellbeing." (Some readers will find this surprising, since the most commonly known meditation techniques have little "content"you simply repeat a single word or phrase, observe your breath, or observe your thoughts as they

pass through your mind.) Other exercises in this book are intended to increase your connection to and intimacy with others, by directing these positive sentiments outward toward specific people or the world in general. This book will probably be best appreciated by those who have some experience with meditation already, but anyone can appreciate the way it takes a practice often considered mystical and turns it into a means of creating joy.

### Stitches: A Handbook on Meaning, Hope and Repair

By Anne Lamott Reviewed by *The Denver Post* 

The wickedly witty and very funny Lamott...makes you laugh at the same time she makes you think. This collection of moments, memories and spiritual insights is one of her best.

### **Plainsong**

by Kent Haruf

Ambitious, but never seeming so, Kent Haruf reveals a whole community as he interweaves the stories of a pregnant high school girl, a lonely teacher, a pair of boys abandoned by their mother, and a couple of crusty bachelor farmers. From simple elements, Haruf achieves a novel of wisdom and grace-a narrative that builds in strength and feeling until, as in a choral chant, the voices in the book surround, transport, and lift the reader off the ground. -From the citation for the National Book Award: Readers who enjoy Plainsong will be glad to know that two other novels by Haruf, Eventide: A Novel and Benediction have also been added to our library.

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## WELCOMING ALL THROUGH LEARNING

### ADULT BIBLE STUDIES FEBRUARY-MARCH

### JOIN THE CONVERSATION!

At the present time, we are studying the Book of Jeremiah and the prophet by the same name. We will conclude with Jeremiah just as Lent begins on February 18. At the present time, the teacher is waiting for inspiration from the Holy Spirit or pressure

from the class in regard to the next book to be studied. Please watch the Saturday evening/ Sunday morning announcement folder for exciting future plans as they unfold.

You are strongly invited to come and join with your brothers and sisters for Bible Study on Tuesday evenings at 7:00 p.m. or Thursday mornings at 9:30 a.m. Please come; all are invited even if your attendance is infrequent.

## DENVER URBAN PLUNGE—MARCH 14-17, 2015

Confirmation students are invited to spend part of their Spring Break learning about issues of homelessness, hunger and poverty in an urban setting. This will be an opportunity to volunteer at numerous non-profit agencies, working with people who are homeless, low-income families, children, people with disabilities and the elderly. In addition, participants will engage in an

out-of-the-box worship experience, stay in a Denver church, hear engaging speakers and go on an urban tour. Cost including program, food, housing and transportation is \$200/person. Adult sponsors attend at a reduced cost. Contact Intern Diana at Diana@our-saviours.com for more information or go to

FoCoLu.com to register!



## BORDER IMMERSION EXPERIENCE IN EL PASO, TX



Intern Pastor Diana will be leading a Border Immersion trip to El Paso, Texas June 20-27, 2015. This is an opportunity to step out of your everyday life - out of your comfort zone - and into in-depth, experiential learning and cultural immer- •

sion. The Border Immersion Expe- • rience is an opportunity to learn about the issues that affect lives of . people living on the border and reflect on them as people of faith.

The program includes:

- Personal accounts of border
- Exposure to Mexican & Mexican-American culture
- Iglesia Luterana (Christ the \$700. King Lutheran Church)
- justice ministries

- Assisting with Cristo Rey's Summer Enrichment Program
- Fellowship at the El Paso-Ciudad Juárez fence
- Tours of detention center and colonias (rural communities) in FI Paso
- Visit to ministries in Ciudad Juárez (optional)

Bilinqual worship at Cristo Rey Cost per person for the week is Come to an information session on Sunday, February 8<sup>th</sup> at Daily Bible study and reflection 9:45 a.m. in 11E or contact Diana Presentations at various social at <u>Diana@our-saviours.org</u> to learn more!

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### WOMEN'S RETREAT-SAVE THE DATE AND REGISTER

**Who?** All women are invited and welcome! Feel free to invite other OSLC members, friends, neighbors or family. It's a great girlfriend get-away with a spiritual emphasis—you won't want to miss it!

**Where**: We will return to the YMCA of the Rockies in one of their central lodge accommodations— <u>www.ymcarockies.org</u> This is a great location where we have a meeting room, outdoor space, and many free time options (everything from hiking to reading to a labyrinth to a nap! The choice is yours!)

**Cost**: The cost is dependent on your room choice (single, double, or triple—see prices below) The room price includes all of your retreat expenses, beginning with your Saturday morning breakfast, lunch & supper meals on Saturday and breakfast on Sunday.

**Topic**: **Moments in the Mountains with God** (Pastor Leta Behrens retreat leader)

**Questions**? If you have any questions, please contact Pastor Leta (<u>leta@our-saviours.org</u> or 484-3133) or any of the planning team: Judy Lantry, Elisa Sherman, Robin Castor, Wanda Knauer, Mardell Otto, Becky Shelley, Kenna Hart *Confidential scholarship assistance is available by contacting Pastor Leta. We don't want anyone to miss because of the cost!* 

**How to Sign up!** Please fill out the form below and return it by **March 29th**, 2015 along with a \$100 deposit check made payable to OSLC Women's Retreat. Turn your registration into the church office.

ame:Phone Number:		
Email Address:		
Please register me for a: ***rooms have two	double beds per room****	
Single Room @ \$235.00	I will be rooming with:	
Double Room @ \$165.00		
Triple Room @ \$135.00		
Ouad Room @ \$110.00		
I would like assistance finding a roommate:	check here	

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## **SERVING OTHERS**

### FAITH FAMILY HOSPITALITY NEWS

#### **FFH NEWS**

written and compiled by Rosie Goetz, co-coordinator for OSLC FFH

I think the article "Present is Enough!" by Sue Peterson, FFH essence of what we provide for homeless families at Our Saviours. This interfaith project unites diverse faith communities vice. We currently have 26 faith

communities, 13 of whom act as families have a warm, safe place host sites and 14 who provide to sleep and a hot evening meal. support. OSLC provide housing and meals gram. The simplest thing like our each week on a rotating basis. caring presence can mean every-The rotation weeks for OSLC for thing to a struggling fami-Program Director, reflects the true 2015 are the weeks of February ly. Please consider getting in-1st, May 3rd, August 9th and No-volved. vember 1st. Volunteers spend time with the families in the evening, getting to know them and Posted December 17, 2014 by through a shared mission of ser- providing a safe environment to Faith Family Hospitality relax and relational support. The

churches like This is such a rewarding pro-

Present is Enough!

## PRESENT IS ENOUGH! POSTED 12/17, 2014 BY FAITH FAMILY HOSPITALITY

Written by Sue Peterson, **Program Director** 

Recently a father shared with me that as hard and strong as he tried to be, things kept falling apart. There was a glimmer hope presence of God in a most tangifor the day and by the end typically it fell into brokenness. He tried and tried to be a good hus- ity. band, father and provider. It was What does that mean - "be prewhen he gave it all up to God that he saw God's presence in his family's life. A promise in every day and hope was restored. So grateful for the welcome and service of the FFH fellowship, he absolutely knew things were turn-

ing around.

the weight of suffering, what they need for us is only our presence." "If we give them that, we become for the them the very

sent." Be aware of needs and the need to know. Show them a wonderful place they can lay their head and find peace. Keep things gleaming, special and personal for them. Do they need a ride? A diaper? A coat? Be aware,

be present. Is there room where "When people are bent over with you are? Is there a room sacramental for a family? Is there a prayer to be said, a chant to be sung, a sacrifice to be offered? Keep them safe they are fragile and yet they are strong.

ble way. That is hospitality." Bene- Strong enough to ask for help. dictine Monks - "Radical Hospital- Strong enough to accept the present in order to embrace an unknown future. Strong enough to ask, strong enough to love, strong enough to hope. For their children, they are strong enough. How about us- will we continue to be strong and present? Recommit this year to help our weighted down families, come beside them with a holy presence.

## A THANK YOU

### To the Kitchen Committee at OSLC":

Thank you for the wonderful job you did in preparing & presenting refreshments after the memorial service of our husband and father, Harry Fletcher. The dining area was attractive and a lovely place to greet people sharing our loss. You helped us through a difficult time, Sincerely, Carole, Brien & Lori

## LENTEN SOUP SUPPERS BEGIN ASH WEDNESDAY, FEBRUARY 18

Each week a different group is asked to host, bring soup, bread and crackers, \*set up and clean up the supper (Host). In addition, members of the congregation are asked to bring soup, crackers and bread to supplement each supper, especially for the Ash Wednesday supper. Each supper starts at 5:15 p.m. and ends at 6:30 p.m. Lenten Services begin at 7:00 p.m. Soup in crock pots may be brought during the day (ask office to help plug in) and prior to 5:45 p.m. Please sign up at the table in the narthex beginning on Saturday, February 21. We are expecting lots of people, and so we need your help.

- Feb. 18: Outside Our Walls Committee
- Feb. 25: Choirs, Bells, Bands
- Mar. 4: Middle and High School Youth and families
- Mar. 11: Leah Circle and Stephen Ministry
- Mar. 18: Council and Staff
- Mar. 25: Current New Members, New members from past 2 years and Welcome committee

The recipients of the Soup Supper donations will be shared between ELCA World Hunger and the Hand Up program through Homeless Gear.

\*Set up begins at 4:00 p.m. to set up tables, chairs, and serving tables. Coffee and water are prepared and breads, crackers, spoons, napkins, soup dishes are prepared for serving table. Clean up consists of putting dishes in dishwasher, preparing soup pots to take home, cleaning counters, etc., and taking down tables and chairs.

## YOUTH ACTIVITIES

The HS Servant Trip to Chicago is June 2-9.
Please get your \$100 deposits in now.

### stuff, and more

<u>Middle School:</u>
February 8, 3-5pm; Trinity Lutheran
<u>Activity night</u>

#### **Together in Faith Class Schedule:**

3rd Grade; Feb 22 & March 1, Worship March 8; Pick up you Bibles before! See letter for details.

Communion Class= 2nd Grade and anyone who want to come! March 22 & 29; 1:30pm

4th Grade: April 26, May 3, and Worship May 10

High School

February 21st 3:00pm to Feb 22nd 8:00am Amazing Race and Lock In Location: OSLC and around town! Bring: student ID, sleeping bag, overnight stuff, and money for dinner. Contact: Prescott Delaware or any of the Youth Team

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THE SIGNAL

## **SERVING OTHERS**

## EXPANDING OSLC'S MINISTRY WITHIN OUR OWN FLOCK

Our Saviour's Lutheran Church is becoming even more of an advocate on behalf of marriages-indifficulty. One of the barriers to seeking the needed help for many couples has been fear of the cost, and the hope that this cost can be avoided by just 'working it out'. And before they know it, the couple may be past the point where even professional counseling might have been able to help save their marriage.

A 'Counseling Designated Fund' was established last month to help couples that might find themselves facing such need. And although the main purpose for this fund is for getting professional marriage counseling, it may also be used by our pastors to help individual OSLC member who might need psychiatric counseling to get him or her past a crisis, a loss, or fear which is beyond the ministry scope of our Pastors, our Stephen Ministers, or our Parish Nurses. (The Pastors' Discretionary Fund has done a lot of good in this area in the past, but having a more open source of funding might get additional

needful parishioners to come forward and seek help.)

The Health Ministry (was called "Parish Nurses") team under Peg Hoover, and our Stephen Ministers under Jack Wisbon, may recommend that individuals whom they are helping be offered professional counseling. In addition, couples or individuals may take their 'calls for help' directly to the Pastors. In all cases, our Pastors will oversee the Counseling Designated Fund, and decide when its use is appropriate. For instance, the Designated Fund's use may have to be limited to getting the couple (or individual) the first few sessions in a program, or at least past the deductible payment in an insurance program.

The availability of the counseling opportunity made possible by this December gift allows OSLC to draw widespread attention to its full-range-of-service in helping our members in need, be it through Steven Ministry, or our Health Ministry, or pastoral counseling. Now, an OSLC member may be recommended for professional counseling, and the church can both set-up that first counseling session, and can gener-

ously help with the cost of that counseling if the couple or individual can't afford that additional financial stress.

Finally, although we hope that this opportunity for counseling is well used, the 'startup donation' created this which new 'Counseling Designated Fund' can't last forever. Our long-term hope is that other parishioners may become sympathetic towards this charitable cause, and that it will become a more broadly supported designated fund, like many other designated funds are now. We can see where people who have benefitted from marriage counseling or psychiatric counseling, or who have close friends who have suffered a divorce, or who have lost a friend to suicide, might be moved to support this new 'Counseling Designated Fund'. We pray that this oftembarrassing mental ministry be made known, and openly supported.

Pastor Michael michael@our-saviours.org

## MARRIAGE BUILDING RETREAT-HOLD ME TIGHT



<u>Friday April 24th 6:30-9:00pm</u> <u>Saturday April 25th from 9am-</u> <u>5pm</u> Couples are invited to this time together in building your marriage! Please contact Pastor Leta to register or go to the website under Events

Cost: \$150 per couple\*\* This retreat is being supported by the OSLC Counseling Fund. The actual cost is \$300 but we are able to cover half for reach couple.

(The OSLC Counseling Fund is designated funds for any who need counseling support not only for marriage but for any mental health or relationship support. You may contact the Pastors to find out more information about obtaining assistance.)

## WELCOMING ALL THROUGH SMALL GROUPS

## CHOCOLATE FOR LENT

## A Small Group Journey

Based on the Oscar-nominated movie Chocolat

### Kick-off Event: Pizza, Chocolate & a Movie

Friday Feb.  $20^{th} - 5:30-8:30$  p.m.

Enjoy a community meal followed by a movie. Adults & youth will watch *Chocolat* while children enjoy a kid-friendly movie and activities led by nursery staff.

\$5/person suggestion donation

### Small Groups: Meet weekly from Feb. 21-March 28

Small groups provide an opportunity to grow in community with others from OSLC through good conversation and engaging discussion.

Small groups will meet 5 times - once a week throughout Lent.

Participants will be placed into small groups based on their preferences.

### Closing Event: A Chocolate Feast!

Friday April 10th, 5:30-7:30p.m.

Celebrate the conclusion of Lent by joining together with all small group participants for a meal seeped in chocolate!

Sign up for a small group by filling out the form below and turning it in to the church office by February 15<sup>th</sup> or by going to OSLC website under EVENTS and completing the online form!

CHOCOLATE for LENT - Small Group Registration Form Please turn into the church office by February 15!				
Your name(s):				
Contact phone number(s):		( ) home ( ) cell		
Email address(es):				
Preferred meeting day and to Saturdays: morning afternoon evening	v	al): morning (9:45am) afternoon evening		
	What days? What days? What days?			
Do you need childcare duri	ng small group meetings?	( ) yes ( ) no		
If yes, how many children a	nd what ages?			

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THE SIGNAL

## WELCOME MINISTRY NEWS

### Greeting and Welcoming People to OSLC -

We would love to have some new volunteers to help host the Welcome Table on a regular, rotating basis for our three services. Please stop by the table and learn more about this fun and easy way to serve and make new friends.

Newcomer Classes will be offered twice a year in room 11 E – four sessions will be followed by a Sunday brunch with sponsors and a new member reception. The proposed dates for the next class / brunch and reception are:

April 26th - Lutheran Identity April 29th - Church Identity

May 3rd - Spiritual Identity

May 6th - Individual Identity

May 17th - Brunch

May 31st - Welcome in Worship

Visit the Welcome Table in early April for a final schedule!

Thank you for helping to make OSLC a welcoming church home!

# <u>Coffee and Connect</u> Coffee and Connect for Newcomers



An opportunity to visit, learn more about OSLC and ask questions. A great time for Visitors, Newcomers to OSLC and newer members to share their thoughts or get more information. Next meeting in room 11E on Sunday, February 1st between services.

### Faith Groups -

Lent is a great time to reflect on your spiritual life and share your faith journey with others. Invite a few friends to your home for a time of fellowship, snacks and discussing ideas for a regular time of study and sharing. Stop by the Welcome Table to get more information on a format and resources for your group. Sharing the hosting and leadership of your meetings can make this an enjoyable way to grow in faith and build friendships to walk with you through the joys and challenges of life.

## OSLC BOOK CLUB

All are welcome at the OSLC Book Club. Read some new books, make connections with interesting people, and enjoy lively discussions. We meet the first Monday of each month, 7-8:30 pm. If you have a good book to recommend, would like to host a meeting, or have any questions please contact Diana Hutchinson.

### **Upcoming Schedule:**

Date	Book - Author	Hostess	
Feb 2	Caleb's Crossing - Geraldine Brooks	Shelley Carroll	
Mar 2	Forgotten Garden – Kate Morton	Carol Bisbee	



## MORE SMALL GROUPS

## **SMALL GROUPS**

BIBLE STUDY SERIES-Tuesdays, 7PM-8:30PM or Thursdays 9:30-11:00AM

LEAH CIRCLE—Leah Circle will meet on February 26th & March 26th at 6:45 p.m. at the home of Barb Slattenow.

MEN'S BREAKFAST GROUP The group will resume after Lent at a restaurant to be announced later. Watch for details.

### J.O.Y. (JUST OLDER YOUTH) LUNCHEON THURSDAY, FEB. 12 AT 11:30 A.M.

Join us for Valentine's J.O.Y.! Please RSVP to Mary Wolpert at 556-2015 by Mon., Feb. 9 . Cost: \$7 but get \$1 off if you bring a friend

## LUTHERAN CHORALE

Singers and want to be singers, Please join the Lutheran Chorale and Saturday, February 7 from 9-4 at Holy Cross Lutheran Church 4500 N. Wadsworth Blvd, Wheat Ridge, for a day of singing and learning. "Hymns Triumphant" by Lee Holdridge is the masterwork for a fun day of music education and singing, open to all **SAVE THE DATES**: communities and choirs. This masterwork is made up of familiar hymns joined in beautiful arrangements. A fee of \$5 will be charged for lunch.

Join the Chorale for a day and join us in concert on February 8 at 3 pm at Holy Cross. Invite your family and friends! A free

will offering will be collected to help with our performance of The "St. John Passion" in March. Please register by contact- **Bethany Lutheran Church**, 4500 ing David Peterson at david.peterson8@Comcast.net or by e-mailing the Chorale at thelutheranchorale@Comcast.net.

The Lutheran Chorale will is delighted to present the new arrangement of the <u>"St John Pas-</u> sion" by Bob Chilcott, first performed by the Choir of Wells Cathedral, United Kingdom on Palm Sunday, March 23, 2013. We will be one of the first groups to prem-rale@Comcast.net. ier this new and beautiful work in

the United States. Performances will be **Saturday**, March 21, 2015 at 7:30 pm at Hampden Ave., Cherry Hills Village, CO and Sunday, March 29, 2015 at 3 pm at St. Paul Lutheran Church, 1600 Grant Street, Denver. CO.

A free will offering will be collected at both concerts to benefit the local food banks supported by these congregations.

For more information visit our website at

www.thelutheranchorale.org, or email us at thelutherancho-

## GENERAL BUDGET UPDATE AS OF NOVEMBER, 2014

	2014			
	NOV		YEAR TO DATE	
	ACTUAL	BUDGET	ACTUAL	BUDGET
TOTAL GIVING	50,523	55,756	520,371	613,313
LESS EXPENSES	<u>47,591</u>	55,756	<u>573,971</u>	613,313
CASH SURPLUS (DEFICIT)	2,933		-53,601	



#### **OUR SAVIOUR'S LUTHERAN CHURCH**

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Evangelical Lutheran Church in America

God's work. Our hands.

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